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Kiyumí Psychedelic Retreats & Vital Training

6th - 11th of September 2023, Netherlands

We are delighted to invite to our 6-day retreat as part of your Vital Training Program. You are welcome to join our work exploring the mind, body, and soul through a diverse range of practices, while forging connection and community.

Our Setting

The venue Land van Yemaya is an homage to tranquil Dutch countryside, that shows vestiges of its time below the sea with soft patches of sand, while boasting 200 year old oak trees and many different fruit trees including apples, pears, and plums.

About the Retreat

Our retreat facilitates legal, powerful and connective psychedelic processes that deeply explore mind, body, and spirit. The retreat encompasses an in-depth process from preparation to integration and includes a diverse array of holistic practices such as yoga, movement, somatic & sound work, art, and further contemplative and embodiment practices. To support your process you will receive:

- 1 psychedelic journey as journeyer / 1 psychedelic journey as sitter
- 1 on 1 consultations with a facilitator before, during, and after the retreat
- Preparation & Integration (2 group calls, support manuals)
- Daily somatic practices
- · Self-inquiry and creative integration workshops
- Unique soundscapes for the journey

Space to Play and Sleep

The venue has a few different types of rooms with majority being shared rooms of 2-3 people. There are also private rooms available, and all bathrooms are shared. There are many outside spaces to relax and enjoy the connection to nature. You can have a morning swim in the lake or dip into it after working up a sweat in the sauna.



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Nourishing Meals

The meal plan is specifically adapted to the retreat, taking specific care in nutrition needed before and after your psychedelic journey. Nutrition is important for health and joy in life, and Kiyumí emphasizes delicious and healthy food as part of a happy life. All food is vegan to ensure compatibility for everyone, with further considerations for any individual dietary requirements.

Information on Schedule and Flights

The retreat begins on the 6th of September at 14:00 in Amsterdam. The meeting place is at our trusted ally the Kokopelli Smartshop, close to the central station. A facilitator will meet you there, take you to the shuttle, and join your trip to the venue. You will return to Amsterdam on the 11th of September. Drop is next to the central station between 16:00 - 17:00. Schiphol is a 15 minute train ride away. Please book your onward journey accordingly.

Application

Follow the link below or apply through our website. Please click on "<u>Psychedelics</u> <u>Today VITAL Retreat 6-11 September</u>" in the application form. Your application will be processed asap.

Retreat Fees & Payment

The full retreat costs are <u>3750 USD</u> for accommodation in shared rooms including shuttle from Amsterdam to venue and back.

- Limited spaces for private rooms for an additional 300 USD
- Extra cost upon arrival of 45 Euros for truffles to be paid at Smartshop

You will receive payment details upon acceptance. Payments are made via paypal. Full fee (3750 USD) or deposit (1000 USD) to be <u>paid within 5 days of</u> <u>receiving acceptance</u> (payment plans available). This includes 500 USD non-refundable admin costs, further cancellation policies will be shared upon acceptance.

More Information

Meet our Kiyumi Facilitators

Click to apply

